



HEALTH MONITORING FORM					
SECTION A: COMPLETED BY APPLICANT					
1. Applicant's Information					
Applicant's Name :					
NRIC/Matrix Card/Staff No. :					
Date of Birth :			Gender : <input type="checkbox"/> Male <input type="checkbox"/> Female		
Marital Status : <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed					
Department/Faculty/ : University			Position/Job Title :		
Address :					
Tel. No.:		Mobile No.:		Email:	
2. Potential Work-Related Health / Hazard and Risk Assessment					
<u>Nature of Exposure to Animal</u>					
Level of animal contact: -					
Level 0 - No animal contact					
Level 1 - No animal contact, but enters the animal facility					
Level 2 - Does not conduct procedures on live animals but handles "unfixed" animal tissues and fluids					
Level 3 - Handles, restrains, collection of specimens or administer substances to live animals.					
Level 4 - Performs invasive procedures such as surgery, necropsy, etc..					
Type of animal	Rabbits	Rats	Mice	Hamster	Others: _____
Level of animal contact					
Contact hours/week					
Type of related work					
Type of PPE	Lab coat	Face Mask	Goggle	Gloves (Latex/Nitrile)	Other PPE: _____
Duration of use/day					

Will work involve direct contact with any of the following? Tick <input checked="" type="checkbox"/> at the respective column.			
No.	Description	Yes	No
1.	Biological agents: a) Recombinant DNA b) Infectious agents c) Toxin (Example: Snake venom, Mushroom toxin, etc.)	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
2.	Human Blood, Tissues, or Cells	<input type="checkbox"/>	<input type="checkbox"/>
3.	Physical agents a) Caustic, flammables, or cryogenic agents b) Noise c) Radiation or radioisotopes d) Extreme environmental conditions e) Lasers	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
4.	Chemical Agents: a) Anesthetic gases b) Drugs/Chemotherapeutic agents c) Carcinogenic agents d) Heavy metals e) Toxicant	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

SECTION B: HEALTH EVALUATION COMPLETED BY APPLICANT

Each of the following questions should be answered "YES" or "NO" by tick at the respective column. "YES" answers should be further verified by the physician under the remarks column.

Do you have now or have you ever had any of the following:	YES	NO	Remarks (If any)
Eczema, rash, hives or other skin problems	<input type="checkbox"/>	<input type="checkbox"/>	
Sinus infection	<input type="checkbox"/>	<input type="checkbox"/>	
Systemic Lupus Erythematosus (SLE)	<input type="checkbox"/>	<input type="checkbox"/>	
Heart disorder	<input type="checkbox"/>	<input type="checkbox"/>	
Asthma or other chronic pulmonary diseases	<input type="checkbox"/>	<input type="checkbox"/>	
Chronic medical problem (Example: cancer, leukemia, bronchitis, pneumonia, diabetes, high blood pressure, HIV or AIDS, hepatitis, tuberculosis, liver or kidney disease) (Please state: _____)	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies to medicines. (Please state if any: _____)	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies to any animals. (Please state if any: _____)	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies to latex	<input type="checkbox"/>	<input type="checkbox"/>	
Pregnant	<input type="checkbox"/>	<input type="checkbox"/>	
Back problems	<input type="checkbox"/>	<input type="checkbox"/>	
Tendon, ligament or joint problems	<input type="checkbox"/>	<input type="checkbox"/>	

Visual limitations	<input type="checkbox"/>	<input type="checkbox"/>	
Major surgery complications	<input type="checkbox"/>	<input type="checkbox"/>	
Severe headache	<input type="checkbox"/>	<input type="checkbox"/>	
Tetanus booster (Please state the most recent date/year if any: _____)	<input type="checkbox"/>	<input type="checkbox"/>	
Hepatitis B vaccination	<input type="checkbox"/>	<input type="checkbox"/>	
Any other vaccination (Please state if any: _____)	<input type="checkbox"/>	<input type="checkbox"/>	
Any other disease / disabilities / health issue(s) (Please state if any: _____)	<input type="checkbox"/>	<input type="checkbox"/>	

APPLICANT DECLARATION

I certify that the above information provided by me is correct, accurate and true to the best of my knowledge.

Applicant's Signature

Date

Note: All medical records and test results are considered MEDICAL CONFIDENTIAL.

SUPERVISOR'S/PI'S DECLARATION (FOR RESEARCHERS/STUDENTS THAT HAVE SUPERVISOR/PI):

Supervisor's/PI determination of special preventive measures or actions to be taken for the individual's that conduct animal related work:

1) Training / Course:

- Laboratory Safety Training
- Responsible Care and Use of Laboratory Animal Course (RCULAC) Training
- Biorisk Management Training (If relevant)
- Animal Experimental Unit (AEU) Induction Course
(Covered Animal Care and Use Occupational Safety & Health and Environment (OSHE))

2) Health assessment / immunization / vaccination

By signature, I certify that the information provided by the respective applicant is correct. I also have provided the necessary training to the participant.

Supervisor's/PI Name:

Supervisor's/PI Signature & Stamp:

Date:

SECTION C: RECOMMENDATION BY PHYSICIAN/MEDICAL PRACTITIONER

Applicant's Name :

Year of evaluation:

Physician need to tick "✓" at any of the related column below.

The individual is medically qualified to perform the works related to the animals that have been assigned without limitations/restrictions.

The individual is medically qualified to perform the works related to the animals that have been assigned with limitations/restrictions
Please state the limitations/restriction: _____

The individual requires further medical investigation / diagnosis to verify medical fitness to the assigned work.

The individual is currently NOT medically qualified to work that have been assigned with the animals noted above.

Other comments (If any):

Name of Medical Practitioner:

Medical Practitioner Signature & Official stamp:

Date: